

# AUGUST 2023

## Amherst County Elementary Schools

Chef Salads and Baked Potatoes w/cheese are additional entrée choices at Lunch

Monday

Tuesday

Wednesday

Thursday

Friday

**1**  
All ACPS students will receive Free Breakfast and Free Lunch for the 2023-2024 school year

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Transition Day for PK and Kindergarten

**16**  
B – Egg & Cheese Biscuit  
Fruit, Milk

L – Mac & Cheese w/Roll or Sandwich  
Steamed Broccoli \* Garden Salad \* Fruit, Milk

**17**  
B – Waffles  
Fruit, Milk

L – Chicken Tenders w/Roll or Sandwich \* Peas  
Sweet Potatoes  
Fruit, Milk

**18**  
B – Sausage Biscuit  
Fruit, Milk

L – Pizza or Sandwich  
Garden Salad  
Carrots w/dip  
Fruit, Milk

**21**  
B – Chicken Biscuit  
Fruit, Milk

L – French Toast, Eggs & Sausage or Sandwich  
Tater Tots \* V Blend Juice  
Baked Apples, Milk

**22**  
B – Frudel  
Fruit, Milk

L – Tacos or Sandwich  
Refried Beans  
Lettuce, Tomato  
Fruit, Milk

**23**  
B – Egg & Cheese Biscuit  
Fruit, Milk

L – Asian Chicken w/Brown Rice or Sandwich \* Steamed Broccoli  
Squash Medley  
Fruit, Milk

**24**  
B – Pancake & Sausage Wrap \* Fruit, Milk

L – Chicken Nuggets w/Roll or Sandwich  
Green Beans \* Carrots  
Fruit, Milk

**25**  
B – Sausage Biscuit  
Fruit, Milk

L – Cheesy Breadstick w/sauce or Sandwich \* Garden Salad  
Snack Peppers w/dip  
Fruit, Milk

**28**  
B – Chicken Biscuit  
Fruit, Milk

L – Cheeseburger on Bun or Sandwich \* Oven Fries  
Lettuce, Tomato  
Fruit, Milk

**29**  
B – Breakfast Pizza  
Fruit, Milk

L – Salisbury Steak w/Roll or Sandwich \* Pinto Beans  
Mashed Potatoes  
Fruit, Milk

**30**  
B – Egg & Cheese Biscuit  
Fruit, Milk

L – Chicken Alfredo w/Breadstick or Sandwich  
Steamed Broccoli \* Garden Salad \* Fruit, Milk

**31**  
B – Mini Cinnis  
Fruit, Milk

L – Popcorn Chicken w/Roll or Sandwich \* Sweet Potatoes  
Fresh Veggie Cup  
Fruit, Milk

USDA is an equal opportunity provider.

For questions or concerns please contact the Child Nutrition Office at 434-528-9562.